

# AESTHETIC GYNECOLOGY SURGICAL & NONSURGICAL TRAINING PROGRAM

Registration at 08.15-08.30

Location:

American Academy of Cosmetic Surgery Hospital, Dubai Healthcare City,  
Building 73 (November 06-07 2015)

& Institute of Medical Aesthetics (November 08 2015)

Faculty: Dr. Alexandros Bader

06-08  
November 2015  
Dubai  
UAE



[www.esag.org](http://www.esag.org)

I M A

Institute of Medical Aesthetics

[www.imadubai.com](http://www.imadubai.com)

# About the Event

The first course offered in Dubai by **E.S.A.G.**, the European Society of Aesthetic Gynecology, in conjunction with IMA, Institute of Medical Aesthetics, features an acclaimed expert in the field of vaginal rejuvenation, **Dr. Alexandros Bader**.

The course aims to provide a thorough practical training in the field of **Vaginal Rejuvenation**, enabling you to apply international best practices and provide effective treatment to your patients.

The duration of the course is **3 working days**, which includes both theory and practical training on live cases. Course attendees will be able to closely watch all surgeries demonstrated, and learn tips and tricks of vaginal surgery required to achieve great results. Participants will have the chance to experience all types of devices and lasers that are used in this field, as well as supplementary tools which are useful and often required in specific cases (special retractors, clamps etc).

During the course progression, attendees will be attending **14 live cases**, instructed regarding the entire spectrum of Aesthetic & Cosmetic Gynecology procedures, and eventually enable themselves to directly start performing associated procedures in their practices.

The course concludes with a certificate award by The European Society of Aesthetic Gynecology (E.S.A.G.), accrediting attendees on course topics covered.



Include yourself in the Elite  
of the world in Cosmetic Gynecology  
and C.V.S surgeons

## WHO WOULD BENEFIT FROM THE COURSE

- Ob&Gyn • Urogynecologists
- Cosmetic Surgeons • Plastic Surgeons
- Urologists • General Surgeons
- Dermo Surgeons

- Practical training
- Tips and Tricks from a world class surgeon - Training on the full list of Reconstructive and Cosmetic Vaginal Surgeries
- Certification from a Prestigious and globally recognized Society «ESAG»
- Gala dinner
- 1 year membership in ESAG Society
- Online theory course `Basic Laser Physics and Safety`



## KEY COURSE TOPICS ARE:

**Labia Minora Plasty:** Get trained on the most popular Cosmetic Genital surgery. Tips and tricks for safe and excellent cosmetic results will be shown. Curvilinear vs edge Technique. How to use Laser to perform this procedure. How to avoid doggy ears. Advantage of layers wound approximation and how growth factors application will give you final excellent results.

**Labia Majora Plasty:** Training on how to perform this procedure with hidden scars. Tips and tricks on area marking and approximation. How to use Laser with safety on this area and how to get excellent results.

**Vaginal Tightening:** You will be trained on One Stitch Technique. Dr. Bader will share with you this very innovative way of performing surgical vaginal tightening using only one stitch. Tools and set up will be reviewed.

**Perineoplasty:** Scar revision technique and how to correct unpleasant situation that many of your patient may have after vaginal delivery. Laser technique and tips of wound approximation.

**Clitoral Lifting:** Training on Laser usage how to work very close to this vital organ without the fear of damage. Special technique of Clitoral volume reduction and camouflage the size.

**Vulvar & Anal Whitening (Laser Bleaching):** One of the most demanded procedures will be demonstrated. You have the chance to apply the Laser and feel how this will work.

**G-Spot Amplification:** Train on finding the G-Spot. Easy way of amplification this area with special tools and instruments, will be shown.

**Non Invasive Vaginal Rejuvenation:** The most recent and high end technology using CO2 Laser for Vaginal Laxity, Stress Urine Incontinence and Vaginal Dryness without any surgery. Just 10 min office procedure.

**Vulvar Augmentation:** Get trained on tips and tricks for Labia Majora, Labia Minora, Introitus volume augmentation by using fillers or fat.

All Materials, office and surgery tools will be demonstrated. Growth factors and their role of having excellent cosmetic and functional results. Finally get certified from an International renowned association, The European Society of Aesthetic Gynecology (ESAG). Being our member, you will be included among the Elite of Cosmetic Vaginal Surgery worldwide.

Check who is already member: [www.esag.org](http://www.esag.org)

# Schedule

I M A

Institute of Medical Aesthetics



## Friday 06th November 2015, Dubai, UAE

American Academy of Cosmetic Surgery Hospital, Building 73, Dubai Healthcare City

8.15-8.30	Registration & Welcome Coffee (Institute of Medical Aesthetics, building 39, Dubai Healthcare City)
08.30-09.00	Lecture   Dr Alexandros Bader Introduction to Cosmetic Vaginal Surgery Anatomy, Case selection, Indications, Contraindications, Complications
09.00-09.30	Lecture   Dr Alexandros Bader Set up materials and tools you need to use for office cosmetic vaginal surgery
09.30-09.45	Discussion and coffee break
09.45-10.15	Lecture   Dr Alexandros Bader Laser applications on animal tissues
10.15-12.00	Video demo   Dr Alexandros Bader Step by step cosmetic vaginal surgery procedures
12.00-13.15	Lunch
13.15-15.00	Live surgery   Dr Alexandros Bader Live surgery case 1 Linear technique labiaplasty
15.00-16.30	Live surgery   Dr Alexandros Bader Live surgery case 2 Z Technique labiaplasty / Clitoral correction
17.00	Return to the hotel (transport provided)

## Saturday 07th November 2015, Dubai, UAE

American Academy of Cosmetic Surgery Hospital, Building 73, Dubai Healthcare City

8.00-10.00	Live surgery   Dr Alexandros Bader Live case 3 Labia Majora Plasty / Labia Minora Lifting / Vaginal Tightening / Perineoplasty / G Spot augmentation
10.00-10.30	Coffee break
10.30-12.30	Live surgery   Dr Alexandros Bader Live case 4 Vaginal Tightening / Perineoplasty / Clitoral correction / G Spot augmentation
12.30-13.15	Lunch
13.15-15.15	Live surgery   Dr Alexandros Bader Live case 5 Labia Majora Plasty / Vaginal Tightening
15.15-15.30	Coffee break
15.30-17.30	Live surgery   Dr Alexandros Bader Live case 6 Labia Minora Plasty / Labia Majora Lifting / Perineoplasty / G Spot augmentation

## Sunday 08th November 2015, Dubai, UAE

Institute of Medical Aesthetics, Building 39, Dubai Healthcare City

9.00-09.30	Lecture   Dr Alexandros Bader Introduction on Non-Surgical Cosmetic Vaginal Rejuvenation Anatomy, Case selection, Indications, Contraindications, Complications
9.30-10.00	Lecture   Dr Alexandros Bader Noninvasive Laser Vaginal Rejuvenation and SUL treatment – Use of growth factors to enhance the function Case selection, Indications, Contraindications, Complications
10.00-10.30	Lecture   Dr Alexandros Bader Other Non-Invasive applications on intimate area using Laser and Fillers Case selection, Indications, Contraindications, Complications
10.30-10.45	Discussion and coffee break
11.00-12.15	Live case   Dr Alexandros Bader Live case 1 to 4 Laser vaginal tightening + dermal fillers + bleaching + PRP
12.15-13.15	Lunch
13.15-14.30	Live case   Dr Alexandros Bader Live case 5 to 7 Laser vaginal tightening + dermal fillers + growth factor applications
14.30-15.30	Live case   Dr Alexandros Bader Live case 8 to 10 Laser vaginal tightening + dermal fillers + growth factors
15.30-16.00	Discussion and coffee break
16.00-16.45	Live surgery   Dr Alexandros Bader Live case 11 and 12 Laser vaginal tightening + dermal fillers

Register now on [www.imadubai.com](http://www.imadubai.com)