



5<sup>TH</sup> WORLD  
CONGRESS  
EUROPEAN SOCIETY of  
AESTHETIC GYNECOLOGY

May 30<sup>th</sup>, 31<sup>st</sup> & June 1<sup>st</sup> 2021

Master Class by the World Experts - June 2<sup>nd</sup> 2021

ATHENS, GREECE

Register at: [www.esagcongress.com](http://www.esagcongress.com)

<https://esagcongress.com/>

*It's not only about Cosmetic Gynecology;  
It's all about modern Women's Well-Being, Beauty and Quality  
of Life.*

## Welcome Note

On behalf of ESAG, I would like to welcome all of you attending ESAG 5th World Congress, taking place in Athens, Greece during the dates May 30<sup>th</sup> to June 2<sup>nd</sup>, 2021.

ESAG's Congresses have come to take the stage light in the sector of Reconstructive, Aesthetic & Regenerative Gynecology; an area which has gained great attention from professionals with various backgrounds and specialties.

Every year, ESAG contributes in this fast growing area of medicine, by bringing together Gynecologists, Plastic Surgeons, Dermatologists, GPs, Family doctors, Sexual Medicine Professionals, Anti-Ageing Medical Professionals, Aesthetician, Nurses and many other experts who deal with Women's Health, Beauty and Wellbeing to take the lead in promoting and expanding the knowledge in this field.

ESAG's Congresses traditionally gather prominent speakers from all around the world - experts in the field to share their knowledge and to bring in the up to date surgical and non-surgical techniques in Reconstructive, Aesthetic & Regenerative Gynecology.

Our mission is to provide an environment for scientific interaction between delegates and technology providers of the field, on an uncommercial level.

So, don't miss the chance to visit the city of light and knowledge; the cradle of civilization and the country of Hippocrates. In his words

"Wherever the art of medicine is loved, there is also a love of humanity"

-- Hippocrates

I am looking forward to welcoming you this time, in Athens - Greece

Sincerely Yours,



Alexandros Bader, MD, FAAOCG

Founder & President of ESAG

## Congress Timeline

- May 30<sup>th</sup>, 2021 – Pre-Congress Industry Sponsored Workshops
- May 31<sup>st</sup>, 2021 – Congress Day 1
- June 1<sup>st</sup>, 2021 – Congress Day 2
- June 2<sup>nd</sup>, 2021 – Masters Class on Cosmetic, Functional & Reconstructive Gynecology by the Experts – via detailed step by step video demonstration (separate registration required)

## Congress Venue



**Hilton of Athens  
Athens, Greece**

## Key Dates

Standard Fees –

Until 03/05/2021

Regular Fees –

From 04/05/2021

Continuous updates on <https://esagcongress.com/>

## Affiliated Societies



**SIGO**  
SOCIETÀ ITALIANA  
DI GINECOLOGIA E OSTETRICIA



**SARGE**  
Sociedad Argentina de Ginecología Estética

**AMGER**  
Academia Online y Presencial de Medicina,  
Cirugía y Ginecología Estética Regenerativa



Sociedad Española de  
Ginecología Estética  
Regenerativa Funcional  
**SEGERF**



**SICPRE**  
Società Italiana di  
Chirurgia Plastica  
Ricostruttiva ed Estetica



Sociedad Española de  
Ginecoestética y  
Cirugía Íntima



LATVIJAS  
ESTĒTISKĀS  
GINEKOĻĪJAS  
ASOCIĀCIJA



SOCIETY OF  
AESTHETIC  
GYNECOLOGY

## Chairman

Alexander Bader MD, FAAOCG

## Organizing Committee

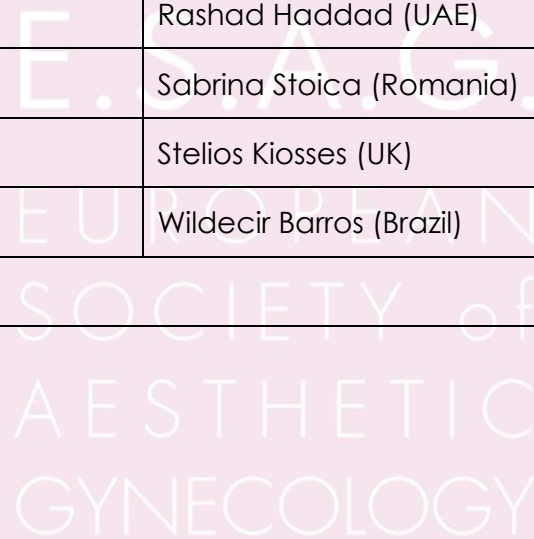
Alexander Bader (UK)	Marco Pelosi II (USA)
Marco Pelosi III (USA)	Maria Papadopoulou (UK)
Stelios Kiosses (UK)	Jose Antonio Zelaquett (Brazil)
Prof. Elvira Bratila (Romania)	Diana Mihai (Romania)
Jorge Alberto Elias (Argentina)	Natalia Novikova (South Africa)

## Faculty

Alexander Bader (UK)	Agnieszka Nalewczynska (Poland)
Ahmed Al-Badr (Saudi Arabia)	Ajakaida Renaud (Venezuela)
Ana Cristina Batalha (Brazil)	Ana Lucia Sayeg (Brazil)
Andreas Lenhard (Germany)	Andriy Ganuschak (Ukraine)
Ariel Luksenburg (Uruguay)	Ass. Prof. Beth Frates (USA)
Attila Fogarassy (Romania)	Claudio Catalisano (Italy)
Dawid Serafin (Poland)	Diana Mihai (Romania)
Fernando Aznar (Spain)	Florina Todorut (Romania)
Hassan Hassan Soliman (Saudi Arabia)	Hichem Bensmail (France)
Jorge De Leon Soto (Guatemala)	Jorge Elias (Argentina)



Jose Antonio Zelaquett (Brazil)	Josh Matambo (South Africa)
Laurène Majoulet (Switzerland)	Luisa Guedes de Oliveira (Brazil)
Marco Pelosi II (USA)	Marco Pelosi III (USA)
Maria Papadopoulou (UK)	Mario Goisis (Italy)
Meshack Mbokota (South Africa)	Mustafa Aldam (UAE)
Natalia Novikova (South Africa)	Nathan Guerette (USA)
Nikos Naoum (Greece)	Norgaard Christian (Belgium)
Patricija Kasilovska (Lithuania)	Piotr Kolczeswki (Poland)
Prabhu Mishra (India)	Prof. Bahir-Eduard Elias (France)
Prof. Elvira Bratila (Romania)	Prof. Robin Murphy (UK)
Rafal Kuzlik (Poland)	Rashad Haddad (UAE)
Raul Rios Ritter (Chile)	Sabrina Stoica (Romania)
Sophie Menkes (Switzerland)	Stelios Kiosses (UK)
Wael Auwad (Saudi Arabia)	Wildecir Barros (Brazil)
Zeljka Clark (South Africa)	



## Accreditation

ESAG 5<sup>th</sup> World Congress has filed an official application to the EACCME for UEMS/CME accreditation of the congress.  
All detailed information will be announced on due course.



## Preliminary Scientific Program

### Day 1 – Pre-Congress Industry Sponsored Workshops Day **May 30th, 2021 – Sunday**

Pre-Congress Industry Sponsored Workshops	
07:30 – 08:00	Registrations & Welcome
08:00 – 09:30	Industry Sponsored Workshops
10:00 – 11:30	Industry Sponsored Workshops
12:00 – 13:00	Industry Sponsored Workshops
13:30 – 15:00	Industry Sponsored Workshops
15:30 – 17:30	Industry Sponsored Workshops

E.S.A.G.  
EUROPEAN  
SOCIETY of  
AESTHETIC  
GYNECOLOGY



## Preliminary Scientific Program

### Day 2 – Official Congress Day **May 31<sup>st</sup>, 2021 – Monday**

<b>07:00 – 08:00</b>	<b>Registrations</b>
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#### **SESSION 1**

<b>08:00 – 10:00</b>	<b>Introduction</b>
Chairperson: Alexandros Bader, Prof. Elvira Bratila	
08:00 – 08:15	Congress opening and welcome speech. Alexander Bader (UK)
08:15 – 08:35	The journey from the traditional gynecology to the Aesthetic Gynecology. Prof. Elvira Bratila (Romania)
08:35 – 08:55	Integrative Concept in Cosmetic – Functional Gynecology: Simple tools for diagnosis and follow-up. Hichem Bensmail (France)
08:55 – 09:10	Energy based devices evidence based, or evidence biased? Mustafa Aldam (UAE)
09:10 – 09:25	Menopause, the neglected age Rashad Haddad (UAE)
09:25 – 09:40	Radiofrequency and High Focused Electromagnetic Technology for genital applications. Natalia Novikova (South Africa)
09:40 – 09:55	Aesthetic Gynecology, how to present this service to out of town patients. Nikos Naoum (Greece)
09:55 – 10:00	Q&A

<b>10:00 – 10:30</b>	<b>Coffee Break</b>
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**SESSION 2**

<b>10:30 – 13:00</b>	
	Chairperson: Alexander Bader
11:00 – 11:20	Decision Tree in Cosmetic Gynecology: Where? When? How? Hichem Bensmail (France)
11:20 – 11:35	Labiaplasty for Non-Cosmetic Gynecologists! How to be a hero. Wael Auwad (Saudi Arabia)
11:35 – 11:55	Combined Vulvo-Vaginal Reshaping. Rafal Kuzlik (Poland)
11:55 – 12:10	A new approach to reconstruction of wound dehiscence after botched Labiaplasty. "The Crocobite technique". Dawid Serafin (Poland)
12:10 – 12:25	Recurrent fissuring of posterior fourchette. The new epidemia in Surgical Cosmetic Gynecology. Fernando Aznar (Spain)
12:25 – 12:40	Scientific Views on Vaginal Laxity Syndrome. Ahmed Al-Badr (Saudi Arabia)
12:40 – 12:55	A new method to use Co2 Laser in Hoodplasty and Labiaplasty with significant hypertrophy classified as grade 2B according to Colaneri. Andriy Ganuschak (Ukraine)
12:55 – 13:00	Q&A

<b>13:00 – 14:15</b>	<b>Lunch Break</b>
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**Keynote Speaker**

<b>14:15 – 14:45</b>	<b>Special Guest</b>
14:15 – 14:45	Once upon a time...THE CLITORIS, its forgotten anatomy and the history for one of the world's most controversial subjects since 460 BCE. Prof.Bahir - Edouard Elias (France)

### SESSION 3

<b>14:45 – 16:00</b>	
Chairperson: Rafal Kuzlik, Rashad Haddad	
14:45 – 15:05	EBDs in Vaginal tissue remodeling, trend or better than a standard treatment? Andreas Lenhard (Germany)
15:05 – 15:17	Vulvovaginal atrophy: topical estrogen, Injectable HA or PRP? Patricija Kasilovska. (Lithuania)
15:17 – 15:32	The technical Revolution in Aesthetic and Sexual Medicine. Implications in Practice Economics. Nathan Guerette (USA)
15:32 – 15:44	Prospective, open-label, non-comparative, study to assess the safety and efficacy of CO2 laser in the treatment of Stress Urinary Incontinence (SUI) in women; final results. Agnieszka Nalewczynska (Poland)
15:44 – 15:55	An initial study to evaluate the efficacy of injecting PRP during Vaginal repair surgery, urine incontinence and anal incontinence. Hassan Soliman (Saudi Arabia)
15:55 – 16:00	Q&A

<b>16:00 – 16:30</b>	<b>Coffee Break</b>
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### SESSION 4

<b>16:30 – 17:40</b>	<b>Romanian Society of Aesthetic Gynaecology S.R.E.G</b>
Chairperson: Diana Mihal, Prof Elvira Bratila, Alexander Bader	
16:30 – 16:50	Reconstructive treatment of utero-vaginal congenital malformations. Prof. Elvira Bratila
16:50 -17:02	Vulvo-Vaginal Reconstruction using acellular biologic grafts. Diana Mihai
17:02 – 17:13	Pain management in vulvodynia with botulinum toxin following vaginal surgery. Florina Todrut
17:13 – 17:24	PRP application in gynecological disorders and after reconstructive surgery. Attila Fogarassy
17:24 – 17:35	Why and when should gynecologists use Energy-Based Intravaginal Therapy? Preference or Need? Sabrina Stoica
17:35 – 17:40	Q&A

**SESSION 5**

<b>17:40 – 18:15</b>	<b>IMCAS</b>
Chairperson: Alexander Bader, Stelios Kiosses	
17:40 – 17:55	Complications of fat grafting performed on genital procedures. Sophie Menkes (Switzerland)
17:55 – 18:10	Complications in Fillers and Laser treatments. Fernando Aznar (Spain)
18:10 – 18:15	Q&A



**Day 3 – Official Congress Day**  
**June 1<sup>st</sup>, 2021 – Tuesday**

**SESSION 6**

<b>09:00 – 10:15</b>	<b>SOUTH AFRICAN AESTHETIC GYNAECOLOGY SOCIETY S.A.A.G.S</b>
Chairperson: Natalia Novokova, Zeljka Clark	
09:00 – 09:20	Aesthetic Gynaecology in South Africa. Natalia Novikova
09:20 – 09:40	Labial Hypertrophy following certain traditional practices. Meshack Mbokota
09:40 – 09:55	Labial Rejuvenation with Radiofrequency, PRP, HA, Lipofilling. Zeljka Clark
09:55 – 10:10	PRP in Gynecology. Josh Matambo
10:10 – 10:15	Q&A

**SESSION 7**

<b>10:15 – 11:00</b>	<b>ISCG</b>
Chairperson: Marco Pelosi II, Marco Pelosi III	
10:15 – 10:35	Cosmetic Gynecology 2020, the state of the art. Marco Pelosi II (USA)
10:35 – 10:55	TBA. Marco Pelosi III (USA)
10:55 – 11:00	Q&A

<b>11:00 – 11:30</b>	<b>Coffee Break</b>
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**SESSION 8**

<b>11:30 – 13:00</b>	
Chairperson: Marco Pelosi II, Marco Pelosi III	
11:30 – 11:50	Cosmetic Gynecology 2020. The state of the art, Marco Pelosi II (USA)
11:50 – 12:15	TBA. Marco Pelosi III (USA)
12:15 – 12:30	Micro and Nano fat in Gynecology. Alexander Bader (UK)
12:30 – 12:45	An innovative minimally invasive approach on Colpoperineoplasty using Genital Laser Technique. Wildecir Barros (Brasil)
12:45 – 12:55	Modified V-Wedge technique for Labiaplasty. Histological study. Piotr Kolczeswki (Poland)
12:55 – 13:00	Q&A

<b>13:00 – 14:00</b>	<b>Lunch Break</b>
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### SESSION 9

14:00 – 15:15	<b>Psychology/Lifestyle Medicine and Aesthetic Medicine (In collaboration with Harvard University and the University of Oxford)</b>
Chairperson: Stelios Kiosses, Alexander Bader	
14:00 – 14:25	The use of lifestyle medicine interventions in aesthetics, Prof. Beth Frates (USA)
14:25 – 14:45	Seasonal Affective Disorders (SAD) and how this could affect patients' decisions undergoing aesthetic procedure. Stelios Kiosses (UK)
14:45 – 15:10	TBA. Prof. Robin Murphy (UK)
15:10 – 15:15	Q&A

### SESSION 10

15:15 – 16:30	<b>REGENERATIVE MEDICINE IN GYNECOLOGY</b>
Chairperson: Maria Papadopoulou,	
15:15 – 15:35	Regenerative Medicine & Cellular therapy in Gynecological diseases (Thin endometrium, Ovarian dysfunction & Asherman Syndrome). Prabhu Mishra (India)
15:35 – 15:50	Latest updates on improving Vaginal Health with Regenerative Medicine. Maria Papadopoulou (UK)
15:50 – 16:00	Hyaluronic Acid, versus Lipofilling, versus Nano-Fat grafting in genital rejuvenation. Sophie Menkes (Switzerland)
16:00 – 16:10	Comparative study on the follow up post breast cancer treatment with and without PRP in genital rejuvenation 20 cases. Laurène Majoulet (Switzerland)
16:10 – 16:25	Enriched Nano-Fat injection vs PRP for clitoral function enhancement. Claudio Catalisano & Mario Goisis (Italy)
16:25 – 16:30	Q&A

16:30 – 16:45	<b>Coffee Break</b>
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**SESSION 11**

16:45 – 18:00	AMGER
Chairperson: Jorge Elias, Jorge de Leon Soto	
16:45 – 17:00	"LA LIGA" (LIAGREF: Iberoamerican league of aesthetic and functional regenerative gynecology). Society Presentation. Jorge Alberto Elias (Argentina)
17:00 – 17:15	Comparative study on management of GSM: Radiofrequency plus PRP. Jorge de Leon Soto (Guatemala)
17:15 – 17:27	Intraovarian stem cells injection to treat premature ovarian insufficiency and in Assisted Fertilization Protocols. Raul Rios Ritter (Chile)
17:27 – 17:39	GYCO treatment. The evolution in regenerative and cosmetic gynecology. Ariel Luksenberg (Uruguay)
17:39 – 17:55	Lichen Sclerosus. New medical treatments and regenerative surgery. Ajakaida Renaud (Venezuela)
17:55 – 18:00	Q&A

**SESSION 12**

18:00 – 19:00	Brazilian Association of Cosmetic Gynecology ABCGIN
Chairperson: Jose Antonio Zelaquett	
18:00 – 18:13	Clitoroplasty after hormones use. Ana Cristina Batalha (Brazil)
18:13 – 18:26	CO2 Laser and PRP co-application for vaginal treatments. Ana Lucia Sayeg (Brazil)
18:26 – 18:41	Labiaplasty, differences between Laser and Radio- Frequency application. Jose Antonio Zelaquett (Brazil)
18:41 – 18:55	Stress Urinary Incontinence, combining noninvasive treatments. Luisa Guedes de Oliveira (Brazil)
18:55 – 19:00	Q&A

## Master Class by the Experts Preliminary Program

Dear colleagues please note the following:

- Limited seats available, early registration is suggested
- The Surgical Master Class is not included within the congress fees; A separate registration required.
- Special registration fees for registering at both the Master Class and the regular Congress
- On the spot registrations will not be accepted
- All live Cases Surgeries will be available ONLY for registered delegates
- All participants will receive certificate of participation signed by all the Expert Instructors accredited by the European Society of Aesthetic Gynecology "ESAG"

### Day 4 – Surgical Master Class Day 1 **June 2<sup>nd</sup>, 2021 – Wednesday**

08:30 – 18:30	Master Class on Cosmetic & Reconstructive Gynecology	
08:30 – 09:00	Registrations & Welcome	
09:00 – 09:30	Step by Step Surgical Procedure <b>Surgical video title: TBA</b> 30 minutes video presentation	Marco Pelosi II & Marco Pelosi III
09:30 – 09:45	Q&A – Discussion	
09:45 – 10:15	Step by Step Surgical Procedure <b>Surgical video title: TBA</b> 30 minutes Video presentation	TBA
10:15 – 10:30	Q&A – Discussion	
10:30 – 10:45	Coffee Break	
10:45 – 11:15	Step by Step Surgical Procedure <b>Surgical video title: TBA</b> 30 minutes Video presentation	Alexander Bader
11:15 – 11:30	Q&A – Discussion	
11:30 – 12:00	Step by Step Surgical Procedure <b>Surgical video title: TBA</b> 30 minutes Video presentation	Rafal Kuzlik
12:00 – 12:15	Q&A – Discussion	
12:15 – 13:15	Lunch Break	





08:30 – 18:30	Master Class on Cosmetic & Reconstructive Gynecology	
13:15 – 13:45	Step by Step Surgical Procedure <b>Surgical video title: TBA</b> 30 minutes Video presentation	TBA
13:45 – 14:00	Q&A – Discussion	
14:00 – 14:30	Step by Step Surgical Procedure <b>Surgical video title: TBA</b> 30 minutes Video presentation	Alexander Bader
14:30 – 14:45	Q&A – Discussion	
14:45 – 15:00	Coffee Break	
15:00 – 15:30	Step by Step Surgical Procedure <b>Surgical video title: TBA</b> 30 minutes Video presentation	Marco Pelosi II & Marco Pelosi III
15:30 – 15:45	Q&A – Discussion	
15:45 – 16:15	Step by Step Surgical Procedure <b>Surgical video title: TBA</b> 30 minutes Video presentation	TBA
16:15 – 16:30	Q&A – Discussion	
16:30 – 17:00	Coffee Break	
17:00 – 17:30	Step by Step Surgical Procedure <b>Surgical video title: TBA</b> 30 minutes Video presentation	TBA
17:30 – 17:45	Q&A – Discussion	
17:45 – 18:00	Step by Step Surgical Procedure <b>Surgical video title: TBA</b> 30 minutes Video presentation	TBA
18:00 – 18:15	Q&A – Discussion	
18:15 – 18:45	Certification & Photos	