

Preliminary
Scientific Program



Pre-Final

Scientific Program

*It's not only about Cosmetic Gynaecology.
It's all about modern Women's Well-Being, Beauty, and Quality of Life.*

www.esag.org/congress

Affiliated Societies



Welcome Note

Dear Friends,

Following ESAG's tradition, I would like to welcome you to the 8th ESAG World Congress, which will take place in Istanbul, Turkey, from November 7th to November 9th, 2024.

Once again, ESAG brings experts worldwide to Istanbul to share inspiring innovation and ideas with our large community.

ESAG's Congresses have gained immense prominence in Reconstructive, Aesthetic, and regenerative Gynecology, which has developed greatly in the past years due to the contributions of exquisite professionals from various backgrounds and specialties.

ESAG functions as a host in promoting and expanding knowledge in the field of Women's Health, Beauty, and Well-Being by inviting Gynecologists, Plastic Surgeons, Dermatologists, GPs, Family doctors, sexual medicine professionals, Anti-Aging Medical Professionals, Aestheticians, and Nurses.

ESAG's Congresses gather prestigious speakers from all over the globe—experts in the field—to share their knowledge and present the latest surgical and non-surgical techniques in Reconstructive, Aesthetic, Regenerative and Functional Gynecology. Moreover, our society creates a networking environment where delegates and technology providers interact productively.

Dear friends, I am looking forward to welcoming you to Istanbul, a city of culture, attractions, and a unique location, with easy access from all over the world.

Sincerely Yours,



Alexandros Bader, MD, FAAOCG

Founder & President of ESAG

Chairman

Alexandros Bader MD, FAAOCG

Organizing Committee

Alexandros Bader	Maria Papadopoulou
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Scientific Faculty

Alexandros Bader (UK)	Alexandra Runnels (USA)
Ariel Luksenburg (Uruguay)	Charles Runels (USA)
Dawid Serafin (Poland)	Dulce Henriques (Brazil)
Fernando Aznar (Spain)	Jorge Elias (Argentina)
Leylek Ozgur (Turkey)	Michael Goodman (USA)
Piotr Kolczeswki (Poland)	Rafal Kuzlik (Poland)
Red Alinsod (USA)	Tina Batalha (Brazil)

E.S.A.G.
EUROPEAN
SOCIETY of
AESTHETIC
GYNECOLOGY

Accreditation



**The European Accreditation Council
for Continuing Medical Education**
Institution of the UEMS

ESAG 8th World Congress 2024 has filed an official application to the EACCME for UEMS/CME accreditation of the congress.
All detailed information will be announced on due course.

“Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities”

“Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.”

CERTIFICATE OF ATTENDANCE

All participating Physicians who wish to receive their Certificate of Attendance with the relevant awarded European CME Credits (ECMEC®s) must first fill in the required questionnaire (the electronic address will be sent to all participants). Then, the relevant Certificate of Attendance will be sent electronically by e-mail.

SURGICAL & NON-SURGICAL

MASTER

CLASS

BY THE EXPERTS

E.S.A.G.

EUROPEAN
SOCIETY of
AESTHETIC
GYNECOLOGY

Master Class

by the Experts

November 7th, 2024 – Thursday

Dear colleagues, please note the following:

- There are limited seats available. Early registration is suggested.
- The **Master Class** is **not** included in the congress fees; A separate registration is required.
- Special registration fees for registering at both the master's Class and the regular Congress.
- On-the-spot registrations will not be accepted
- All participants will receive a CME certificate of participation signed by all the Expert Speakers

08:00 - 17:40	
08:00 – 08:30	Registrations & Welcome
08:30 – 08:55	Step by Step-detailed video The choice between Wedge and Linear-type Techniques for Patients: When to do each technique <i>Dr. Michael Goodman</i>
08:55 – 09:00	Q&A – Discussion
09:00 – 09:25	Step by Step-detailed video Extended Wedge Labiaplasty. Tips and Tricks <i>Dr. Piotr Kolczewski</i>
09:25 – 09:30	Q&A – Discussion
09:30 – 09:55	Step by Step-detailed video Labia Minora Reduction. De-epithelialisation Technique <i>Dr. Rafal Kuzlik</i>
09:55 – 10:00	Q&A – Discussion
10:00 – 10:30 COFFEE BREAK	
10:30 – 10:55	Step by Step-detailed video Management of Protuberant Clitoris <i>Dr. Red Alinsod</i>
10:55 – 11:00	Q&A – Discussion
11:00 – 11:25	Step by Step-detailed video Vulvar Reconstruction in Lichen Sclerosus Gravis <i>Dr. Jorge Elias</i>
11:25 – 11:30	Q&A – Discussion
11:30 – 11:55	Step by Step-detailed video Clitoropixy, Batalha technique. <i>Dr. Tina Batalha (Brazil)</i>
11:55 – 12:00	Q&A – Discussion
12:00 – 12:25	Step by Step-detailed video Clitoropixy, the suspension at the periosteum technique <i>Dr. Dulce Henriques (Brazil)</i>
12:25 – 12:30	Q&A – Discussion

12:30 – 13:00 LUNCH BREAK

13:00 – 13:25	Step by Step-detailed video Labia Majora Reconstruction using a flab of the Labia Majora. The Bader-Elias technique. <i>Dr. Alexandros Bader</i>
13:25 – 13:30	Q&A – Discussion
13:30 – 13:55	Step by Step-detailed video Reconstruction After Botched Labiaplasty: Double Flap Rotation Technique <i>Dr. Dawid Serafin</i>
13:55 – 14:00	Q&A – Discussion
14:00 – 14:25	Step by Step-detailed video Vaginal Thread Tightening Circular (VTTC). Non-Surgical Vaginal Tightening <i>Dr. Ozgur Leylek</i>
14:25 – 14:30	Q&A – Discussion

14:30 – 15:00 COFFEE BREAK

15:00 – 15:25	Step by Step-detailed video Three-dimensional Vulvo-Vaginal Harmonization with PRP and PCL Threads <i>Dr. Ariel Luksenburg</i>
15:25 – 15:30	Q&A – Discussion
15:30 – 15:55	Step by Step-detailed video Regenerative and Aesthetic Enhancement of Labia Majora using Plasma Technology. The Honeycomb Technique <i>Dr. Fernando Aznar</i>
15:55 – 16:00	Q&A – Discussion
16:00 – 16:25	Step by Step-detailed video Seven O-Shot® Variations that Every Gynecologist should know – by the procedure's inventor <i>Dr. Charles Runels & Alexandra Runnels</i>
16:25 – 16:30	Q&A – Discussion

16:30 – 17:00 MASTERS CLASS CERTIFICATION