



SURGICAL & NON-SURGICAL

MAS TER CLASS

BY THE EXPERTS

08:00 – 08:30	Registrations & Welcome
08:30 – 08:55	Step by Step-detailed video The choice between Wedge and Linear-type Techniques for Patients: When to do each technique - <i>Dr. Michael Goodman</i>
08:55 – 09:00	Q&A – Discussion
09:00 – 09:25	Step by Step-detailed video Extended Wedge Labiaplasty. Tips and Tricks <i>Dr. Piotr Kolczewski</i>
09:25 – 09:30	Q&A – Discussion
09:30 – 09:55	Step by Step-detailed video Labia Minora Reduction. De-epithelialisation Technique <i>Dr. Rafal Kuzlik</i>
09:55 – 10:00	Q&A – Discussion
10:00 – 10:30	COFFEE BREAK



MASTER CLASS BY THE EXPERTS

10:30 – 10:55	Step by Step-detailed video Management of Protuberant Clitoris <i>Dr. Red Alinsod</i>
10:55 – 11:00	Q&A – Discussion
11:00 – 11:25	Step by Step-detailed video Vulvar Reconstruction in Lichen Sclerosus Gravis <i>Dr. Jorge Elias</i>
11:25 – 11:30	Q&A – Discussion
11:30 – 11:55	Step by Step-detailed video Clitoropixy, Batalha technique <i>Dr. Tina Batalha</i>
11:55 – 12:00	Q&A – Discussion
12:00 – 12:25	Step by Step-detailed video Clitoropixy, the suspension at the periosteum technique <i>Dr. Dulce Henriques</i>
12:25 – 12:30	Q&A – Discussion
12:30 – 13:00	LUNCH BREAK
13:00 – 13:25	Step by Step-detailed video Management of the double Folded Labia Minora <i>Dr. Alexandros Bader</i>
13:25 – 13:30	Q&A – Discussion
13:30 – 13:55	Step by Step-detailed video Reconstruction After Botched Labiaplasty: Double Flap Rotation Technique <i>Dr. Dawid Serafin</i>
13:55 – 14:00	Q&A – Discussion
14:00 – 14:25	Step by Step-detailed video Vaginal Thread Tightening Circular (VTTC). Non-Surgical Vaginal Tightening <i>Dr. Ozgur Leyelek</i>
14:25 – 14:30	Q&A – Discussion
14:30 – 15:00	COFFEE BREAK
15:00 – 15:25	Step by Step-detailed video Three-dimensional Vulvo-Vaginal Harmonization with PRP and PCL Threads <i>Dr. Ariel Luksenburg</i>
15:25 – 15:30	Q&A – Discussion
15:30 – 15:55	Step by Step-detailed video Regenerative and Aesthetic Enhancement of Labia Majora using Plasma Technology. The Honeycomb Technique - <i>Dr. Fernando Aznar</i>
15:55 – 16:00	Q&A – Discussion
16:00 – 16:25	Step by Step-detailed video Seven O-Shot® Variations that Every Gynecologist should know - by the procedure's inventor - <i>Dr. Charles Runels & Alexandra Runnels</i>
16:25 – 16:30	Q&A – Discussion
16:30 – 17:00	MASTERS CLASS CERTIFICATION



CONGRESS PROGRAM

November 8th, 2024 – Friday

	07:15 – 08:00	Registrations
	08:00 – 09:10	Congress Opening
	Chairpersons: <i>Alexandros Bader, Red Alinsod, Ivan Fistonc, Michael Goodman</i>	
SESSION 1	08:00 – 08:05	Congress opening and welcome speech <i>Alexandros Bader (UK)</i>
	08:05 – 08:20	Ethical aspects of reconstructive and aesthetic procedures in Gynecology <i>Ivan Fistonc (Croatia)</i>
	08:20 – 08:35	Anxiety, Sexual and Body Image Issues in Cosmetic Gynecology Practice How to stay out of trouble. - <i>Michael Goodman (USA)</i>
	08:35 – 08:50	Alinsod A Incisions to Eliminate Dog Ears <i>Red Alinsod (USA)</i>
	08:50 – 09:05	Psychological Outcomes of Cosmetic Genital Surgery: A Retrospective Analysis <i>Ayse Konac (Turkey)</i>
	09:05 – 09:10	Q&A
	09:10 – 10:15	JINKOZ (Association of Pelvic Reconstruction and Cosmetic Gynecology)
	Chairpersons: <i>Nida Bayik – Eser Agar – Murat Emanetoglu – Fisun Vural – Servet Calikoglu</i>	
SESSION 2	09:10 – 09:25	Anatomical Landmarks in Cosmetic Gynecology <i>Nida Bayik (Turkey)</i>
	09:25 – 09:40	Advantages and disadvantages of Laser in Cosmetic in Gynecology <i>Eser Agar (Turkey)</i>
	09:40 – 09:55	Pelvic Floor Evaluation by Ultrasound <i>Fisun Vural (Turkey)</i>
	09:55 – 10:10	Hyaluronic Acid application in Genitourinary Syndrome of Menopause (GSM) <i>Servet Calikoglu (Turkey)</i>
	10:10 – 10:15	Q&A
	10:15 – 11:10	LICHEN SCLEROSUS
	Chairpersons: <i>Rafal Kuzlik – Dawid Serafin – Jorge Elias – Alexandros Bader</i>	
SESSION 3	10:15 – 10:35	Management of Lichen Sclerosus of the Clitoral and Vestibular Areas <i>Hichem Bensmail (France)</i>
	10:35 – 11:05	Early Lichen, the challenge of diagnosis <i>Jorge Elias (Argentina)</i>
	11:05 – 11:10	Q&A
	11:10 – 11:40	Coffee Break



SESSION 4	11:40 – 13:15	ENERGY-BASED DEVICES (EBD) IN GYNECOLOGY
	Chairpersons: Ivan Fistonc – Red Alinsod – Alexandros Bader - Piotr Kolczewski	
	11:40 – 11:55	Vaginal laxity: Surgery or not surgery <i>Abdelilah Lahlali (Morocco)</i>
	11:55 – 12:10	Laser Applications in Gynecology <i>Ivan Fistonc (Croatia)</i>
	12:10 – 12:25	HIFU in gynecology. Moroccan experience <i>Hicham Ben Abbes Taarji (Morocco)</i>
	12:25 – 12:40	Effect of DBD plasma on wound healing after Labiaplasty <i>Baharet Arbabi (Iran)</i>
	12:40 – 12:55	Radiofrequency. A science beyond magic <i>Piotr Kolczewski (Poland)</i>
	12:55 – 13:10	HIFEM in Ginecoethetic and Ultrasound Control <i>Ivan Altamirano (Ecuador)</i>
	13:10 – 13:15	Q&A
	13:15 – 14:15	Lunch Break
14:15 – 15:00	KEYNOTE SPEAKER	
14:15 – 14:55	Psychosomatic Responses: Understanding the Impact on Patients Following Medical and Aesthetic Interventions <i>Stelios Kiosses (UK)</i>	
14:55 – 15:00	Q&A	

SESSION 5	15:00 – 16:35	LABIA & CLITORAL COMPLEX SURGERY, TIPS and TRICKS
	Chairpersons: Alexandros Bader – Robert Moore – Michael Goodman – Dawid Serafin	
	15:00 – 15:15	How do you set up your office for surgery under local Anesthesia? <i>Michael Goodman (USA)</i>
	15:15 – 15:30	New personal technique with APCL threads, Nano-fat, and Exosomes to treat Stress Urinary Incontinence - <i>Jorge Elias (Argentina)</i>
	15:30 – 15:45	Enlarged clitoral hood with or without wings. Reduction with the sides lifting technique - <i>Alexandros Bader (UK)</i>
	15:45 – 16:00	Is Clitoropexy Effective? <i>Dulce Henriques (Brazil)</i>
	16:00 – 16:15	Labiaplasty Wound Dehiscence. How to Avoid It <i>Dawid Serafin (Poland)</i>
	16:15 – 16:30	Labiaplasty the L Technique <i>Leila Khalili (Iran)</i>
	16:30 – 16:35	Q&A
	16:35 – 16:55	Coffee Break

SESSION 6	16:55 – 18:00	VAGINA & PERINEUM SURGERY, TIPS and Tricks on new techniques
	Chairpersons: Alexandros Bader- Piotr Kolczewski – Rafal Kuzlik	
	16:55 – 17:10	In-office Vaginal Anterior wall repair <i>Rafal Kuzlik (Poland)</i>
	17:10 – 17:25	Single Thread Perineo-Vaginoplasty - The Bader technique <i>Alexandros Bader (UK)</i>
	17:25 – 17:40	In Office Reversed RF Vaginoplasty <i>Piotr Kolczewski (Poland)</i>
	17:40 – 17:55	Gynecologic Photography and Videography for Dummies <i>Red Alinsod (USA)</i>
	17:55 – 18:00	Q&A



SESSION 7	08:00 – 09:05 VAGINISMUS	
	Chairpersons: <i>Maria Karakoulaki - Claudio Catalisano – Ana Maria Mihai</i>	
	08:00 – 08:15	Vaginismus, diagnosis, and treatment protocols <i>Ana Maria Mihai (Romania)</i>
	08:15 – 08:30	Vaginismus treatment with Botulinum Toxin and RF <i>Shahzad Shabaninia (Iran)</i>
	08:30 – 08:45	Vaginismus. The way I approach it in my practice <i>Maria Karakoulaki (UAE)</i>
	08:45 – 09:00	Comparison between Radiofrequency and Oxygen Therapy combined with HA to treat deep and superficial dyspareunia <i>Claudio Catalisano (Italy)</i>
	09:00 – 09:05	Q&A

SESSION 8	09:05 – 10:10 LABIA MAJORA LIFTING & AUGMENTATION	
	Chairpersons: <i>Jorge de Leon – Alexandros Bader – Red Alinsod</i>	
	09:05 – 09:20	Augmentation and Reconstruction by Lipotransfer <i>Anna Jastak (Germany)</i>
	09:20 – 09:35	Fat Transfer to Labia Majora <i>Alexandros Bader (UK)</i>
	09:35 – 09:50	The art of Hyaluronic Acid fillers injection in Labia Majora <i>Jorge de Leon Soto (Guatemala)</i>
	09:50 – 10:05	Clitoral Hood Reduction Compendium <i>Red Alinsod (USA)</i>
	10:05 – 10:10	Q&A
	10:10 – 10:25 Coffee Break	

SESSION 9	10:25 – 11:30 URINARY INCONTINENCE	
	Chairpersons: <i>Robert Moore - Ivan Fistonic – Jorge Elias – Ariel Luksenburg</i>	
	10:25 – 10:40	Complex Labiaplasty and how to manage it. <i>Robert Moore (USA)</i>
	10:40 – 10:55	Statistical outcomes treating SUI with Laser. <i>Ivan Fistonic (Croatia)</i>
	10:55 – 11:10	Micro-Needling RF for SUI treatment. <i>Robert Moore (USA)</i>
	11:10 – 11:25	The Sub-Urethral Spider Web technique. An outpatient office treatment to cure Severe SUI. Four years' experience <i>Ariel Luksenburg (Uruguay)</i>
	11:25 – 11:30	Q&A

SESSION 10	11:30 – 12:50 SMIRA (She Matters Institute of Regenerative and Aesthetics)	
	Chairpersons: <i>Savana Changtham – Alexandros Bader</i>	
	11:30 – 11:45	Spiritual Sexuality to Cosmetic Gynaecology – Asian shift <i>Savana Chongtham (India)</i>
	11:45 – 12:00	Clitoral anatomy - the unstudied frontier <i>Jyostana Kamra (India)</i>
	12:00 – 12:15	The Quest of Beautiful Vagina: Understanding Nepalese Women's Journey <i>Smirty Maskey (Nepal)</i>
	12:15 – 12:30	Knowledge aptitude and practices of aesthetic Gynecology in managing SUI among women <i>Soumaya Harikumar (UAE)</i>
	12:30 – 12:45	Pathophysiology of GSM <i>Kunsang Dolma Sherpa (Nepal)</i>
	12:45 – 12:50	Q&A
	12:50 – 13:15 KEYNOTE SPEAKER	
	12:50 – 13:10	Bioidentical Hormonal Replacement Therapies vs Traditional HRT. Differences, Benefits & Follow up <i>Maria Papadopoulou (UK)</i>
	13:10 – 13:15	Q&A
	13:15 – 13:45 Lunch Break	

13:45 – 15:05 INJECTABLES IN REGENERATIVE & FUNCTIONAL GYNECOLOGY	
<i>Chairpersons: Alexandros Bader - Charles Runels – Fernando Aznar – Diana Mihai</i>	
13:45 – 14:00	EXOSOMES. Intracellular communication for Vulvo-Vaginal Rejuvenation <i>Fernando Aznar (Spain)</i>
14:00 – 14:15	Combination of EXOSOMES and ELECTROPORATION for Vulvar Conditions <i>Hichem Bensmail (France)</i>
14:15 – 14:30	GSM treatment protocols. Combination of Injectables and Energy-Based Devices <i>Diana Mihai (Romania)</i>
14:30 – 14:45	The Clitoral Injection Use of Inco-botulinum Toxin A to Improve Sexual Arousal, Orgasm, & Sexual Satisfaction. A specific method and the effects on Women <i>Charles Runels (USA)</i>
14:45 – 15:00	An initial study to evaluate the efficacy and benefits of injection of Plasma Rich Platelets (PRP) + Combined with 2ml Hyaluronic Acid during Vaginal Repair for Urinary Incontinence <i>Soliman Hassan (KSA)</i>
15:00 – 15:05	Q&A

15:05 – 16:10 ABCGIN (Brazilian Association of Cosmetic Gynecology)	
<i>Chairpersons: Ana Cristina Batalha – Luisa Guedes – Belisa Vides – Abraham De La Rosa</i>	
15:05 – 15:20	Overview of Regenerative Gynecology Procedures in Transgender Patients <i>Belisa Vides (Brazil)</i>
15:20 – 15:35	Treatment of Labia Majora Laxity using collagen Biostimulator <i>Luisa Guedes (Brazil)</i>
15:35 – 15:50	Outpatient anaesthetic complications: Are you prepared? <i>Alessandra Clarizia (Brazil)</i>
15:50 – 16:05	Rejuvenation. Clitorectomy or Clitoropexy. How to choose the best technique? <i>Tina Batalha (Brazil)</i>
16:05 – 16:10	Q&A
16:10 – 16:25 Coffee Break	

16:25 – 17:45 FAGA (Female Aesthetic Genital Academy)	
<i>Chairpersons: Ozgur Leylek – Murat Emanetoglu – Alaa Alkhateeb</i>	
16:25 – 16:40	The role of Botulinum Toxin in the treatment of overactive Pelvic Floor <i>Berna Haliloglu Peker (Turkey)</i>
16:40 – 16:55	The importance of Ultrasonographic screening for evaluating CO2 Laser treatment in SUI. <i>Turkay Shakarova (Azerbaijan)</i>
16:55 – 17:10	How can we use COG Threads in Functional and Cosmetic Gynecology? <i>Ozgur Leylek (Turkey)</i>
17:10 – 17:25	How can we manage the different hood complexes efficiently during a Hoodplasty surgery? <i>Reem Nijem (Jordan)</i>
17:25 – 17:40	Exosomes. A New Noval Treatment in Functional & Cosmetic Gynecology <i>Beril Leylek (Turkey)</i>
17:40 – 17:45	Q&A

End of the Congress

