



Scientific Program

Preliminary

*It's not only about Cosmetic Gynaecology.
It's all about modern Women's Well-Being, Beauty, and Quality of Life.*

www.esag.org/congress

Affiliated Societies



Welcome Note

Dear Friends,

Following ESAG's tradition, I would like to welcome all of you attending ESAG 7th World Congress, taking place in London, UK from December 14th to December 16th, 2023.

Once again, ESAG brings together experts from around the world, to London – one of Europe's most reputed cities, to share inspiring innovation and ideas, to our large community.

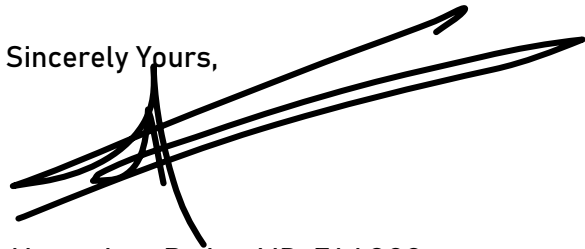
ESAG's Congresses have come to accrue immense prominence in the sector of Reconstructive, Aesthetic & Regenerative Gynecology; an area which has developed greatly in the past years due to the contributions of exquisite professionals coming from various backgrounds and specialties.

ESAG functions as a host in promoting and expanding the knowledge in the field of Women's Health, Beauty and Wellbeing, by inviting Gynecologists, Plastic Surgeons, Dermatologists, GPs, Family doctors, Sexual Medicine Professionals, Anti-Ageing Medical Professionals, Aestheticians, Nurses.

ESAG's Congresses gather prestigious speakers from all over the globe – experts in the field – to share their knowledge and to present the latest in surgical and non-surgical techniques in Reconstructive, Aesthetic & Regenerative Gynecology. Moreover, our society creates a networking environment in which delegates and technology providers may interact productively.

I am looking forward to welcoming you in London.

Sincerely Yours,

A handwritten signature in black ink, appearing to be 'Alexandros Bader', written over a horizontal line.

Alexandros Bader, MD, FAAOCG

Founder & President of ESAG

Chairman

Alexandros Bader MD, FAAOCG

Organizing Committee

Alexandros Bader	Maria Papadopoulou
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Scientific Faculty

Alexandros Bader (UK)	Maria Papadopoulou (UK)
Agnieszka Nalewczynska (Poland)	Abdellilah Lahali (Morocco)
Ana Cristina Batalha (Brazil)	Amr Abbasy (Egypt)
Baharey Arbabi (Iran)	Ariel Luksenburg (Uruguay)
Claudio Catalisano (Italy)	Barbara Fernandez (Spain)
Dawid Serafin (Poland)	Dan Mon O' Dey (Germany)
Eighty Mardiyani Kurniawati (Indonesia)	Diana Mihai (Romania)
Hassan Soliman (Saudi Arabia)	Fernando Aznar (Spain)
Hichem Bensmail (France)	Hichem Ben Abbes Taarji (Morocco)
John Miklos (USA)	Ivan Fistoncic (Croatia)
Jorge Elias (Argentina)	Jorge De Leon Soto (Guatemala)
Leylek Ozgur (Turkey)	Leila Khalili (Iran)
Nabil Elmahdawi (UK)	Nikos Naoum (GR)
Marco Pelosi III (USA)	Oseka Onuma (Australia)
Marta Recio (Spain)	Piotr Kolczeswki (Poland)
Natalia Markova (Czech Republic)	Rafal Kuzlik (Poland)
Ozgur Aglamis (Turkey)	Prabhu Mishra (India)
Raquel Tulleuda Martinez (Spain)	Smit Solanki (India)
Stelios Kiosses (UK)	Victoria Martinez (Spain)

SCIENTIFIC_

PROGRAM

Accreditation

ESAG 7th World Congress has filed an official application to the EACCME for UEMS/CME accreditation of the congress.

All detailed information will be announced on due course.

“Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities”

“Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.”

CERTIFICATE OF ATTENDANCE

All participating Physicians in order to receive their Certificate of Attendance with the relevant awarded European CME Credits (ECMEC®s) must first fill in the required questionnaire (the electronic address will be sent to all participants) and following that the relevant Certificate of Attendance will be send electronically by e-mail.

SURGICAL

MASTER

CLASS_

BY THE EXPERTS

Day 1

Surgical Master Class

by the Experts

December 14th, 2023 – Thursday

Dear colleagues please note the following:

- There are limited seats available, early registration is suggested.
- The Masters Class is **not** included within the congress fees; A separate registration required.
- Special registration fees for registering at both the master's Class and the regular Congress.
- On the spot registrations will not be accepted
- All live Cases videos will be available ONLY for the Master Class registered delegates.
- All participants will receive CME certificate of participation signed by all the Expert Speakers

08:00 - 17:40	
08:30 – 09:00	Registrations & Welcome
09:00 – 9:30	Step by Step detailed video Precision Sculpted Monsplasty - <i>Dr. Marco Pelosi III</i>
09:30 – 09:45	Q&A – Discussion
09:45 – 10:15	Step by Step detailed video The V-wedge technique of Labiaplasty - <i>Dr. Rafal Kuzlik</i>
10:15 – 10:30	Q&A – Discussion
10:30 – 11:00	Step by Step detailed video Reconstruction after Female Genital Mutilation (FGM) - <i>Dr. Dan Mon O'Dey</i>
11:00 – 11:15	Q&A – Discussion
11:15 – 11:45	COFFEE BREAK
11:45 – 12:15	Step by Step detailed video Assessing & Treating the Clitoral Hood Area - My Technique - <i>Dr. John Miklos</i>
12:15 – 12:30	Q&A – Discussion
12:30 – 13:00	Step by Step detailed video Double-folded Labiaplasty - <i>Dr. Alexandros Bader</i>
13:00 – 13:15	Q&A – Discussion
13:15 – 14:00	LUNCH BREAK

14:00 – 14:30	Step by Step detailed video Botched Labia Reconstruction. Labia Majora Flap Technique - <i>Dr. Ana Cristina Batalha</i>
14:30 – 14:45	Q&A – Discussion
14:45 – 15:15	Step by Step detailed video Vulvar Reconstruction on Severe Lichen Sclerosus - <i>Dr. Jorge Elias</i>
15:15 – 15:30	Q&A – Discussion

15:30 – 15:45	COFFEE BREAK
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15:45 – 16:15	Step by Step detailed video Treatment and cure of severe (Grade III) SUI after failed TOT/TVT - <i>Dr. Ariel Luksenburg</i>
16:15 – 16:30	Q&A – Discussion

16:30 – 17:00	MASTERS CLASS CERTIFICATION
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CONGRESS

PROGRAM



Day 2 – Official Congress Day
December 15th, 2023 – Friday

08:00 – 09:00	Registrations
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SESSION 1

09:00 – 11:00	
Chairpersons: Alexandros Bader, Marco Pelosi III, Ivan Fistonic	
09:00 – 09:15	Congress opening and welcome speech <i>Alexandros Bader (UK)</i>
09:15 – 09:35	An overview of Cosmetic Gynecology <i>Marco Pelosi III (USA)</i>
09:35 – 10:00	Indications and Perspectives in Female Intimate Surgery <i>Dan Mon O'Dey (Germany)</i>
10:00 – 10:20	Ethical aspects of reconstructive and aesthetic procedures in Gynecology <i>Ivan Fistonic (Croatia)</i>
10:20 – 10:35	Complications in Hoodplasty and Clitoroplasty <i>Ana Cristina Batalha (Brazil)</i>
10:55 – 11:00	Q&A

11:00 – 11:30	Coffee Break
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SESSION 2

11:30 – 13:05	
Chairpersons: Rafal Kuzlik, Alexandros Bader, Diana Mihai	
11:30 – 11:45	PRP indications and protocols in Gynaecology: scar, atrophy, orgasm dysfunction, surgery <i>Diana Mihai (Romania)</i>
11:45 – 12:00	An initial study to evaluate the efficacy and benefits of Injecting Platelets Rich Plasma in combination with Hyaluronic Acid during Vaginal Repair treating SUI. V-Labioplasty – pursuing an excellence. How to perform it correctly <i>Hassan Soliman (Saudi Arabia)</i>
12:00 – 12:15	The use of PRP-HA for the treatment of pain in Gynecology <i>Agnieszka Nalewczynska (Poland)</i>
12:15 – 12:30	Effect of High Intensity Focused Ultrasound on Vaginal Relaxation Syndrome <i>Amr Abbasy (Egypt)</i>
12:30 – 12:45	New protocol on treatment of Female Dyspareunia: Oxygen plus HA <i>Claudio Catalisano (Italy)</i>
12:45 – 13:00	Effect of DBD plasma on Wound healing after Labiaplasty <i>Baharey Arbabi (Iran)</i>
13:00 – 13:05	Q&A

13:05 – 14:00	Lunch Break
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SESSION 3

14:00 – 15:00	
13:45 – 14:05	
14:05 – 14:30	
14:30 – 14:40	Q&A

15:00 – 15:30	Coffee Break
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SESSION 4

15:30 – 17:45	
Chairpersons: Alexandros Bader, John Miklos, Marco Pelosi III	
15:30 – 15:45	The Ultimate V – Principles and practices <i>Oseka Onuma (Australia)</i>
15:45 – 16:00	Labia Minora Plasty with Dewedge Technique. Guidelines for a successful Surgery <i>Dawid Serafin (Poland)</i>
16:00 – 16:15	Synchronised Labia Majora Plasty <i>Marco Pelosi II (USA)</i>
16:15 – 16:30	One Cut Labiaplasty <i>Rafal Kuzlik (Poland)</i>
16:30 – 16:45	Sutureless Labiaplasty <i>Abdellilah Lahali (Morocco)</i>
16:45 – 17:00	Reverse Perineorrhaphy <i>Leila Khalili (Iran)</i>
17:00 – 17:15	Hidden Scars Labia Majora Lifting <i>Alexandros Bader (UK)</i>
17:15 – 17:35	Clitoral Hood Surgery. Anatomy & Safety <i>John Miklos (USA)</i>
17:35 – 17:45	Q&A

Day 3 – Official Congress Day
December 16th, 2023 – Saturday

SESSION 5

08:00 – 10:00	
Chairpersons: Alexandros Bader, Piotr Kolczewski, Rafal Kuzlik	
08:00 – 08:15	Botulinic Toxin in Gynecology – Moroccan experience <i>Hichem Ben Abbes Taarji (Morocco)</i>
08:15 – 08:30	Threads in the intimate area: types, techniques and methods for correcting anogenital area, vagina and labia majora <i>Natalia Markova (Czech Republic)</i>
08:30 – 08:45	Experience of using Botulinum Toxin for Vaginismus. The experience in the East Java area <i>Eighty Mardiyani Kurniawati (Indonesia)</i>
08:45 – 09:00	How to use hyaluronic Acid for intimate area anti-ageing and tissue care <i>Nikos Naoum (Greece)</i>
09:00 – 09:15	An alternative and Effective method of Vaginal Tightening with Threads <i>Leylek Ozgur (Turkey)</i>
09:15 – 09:30	A novel technique of genital rejuvenation using plasma energy plus Nanofat: Dr. Ozgur's genital lifting concept <i>Ozgur Aglamis (Turkey)</i>
09:30 – 09:55	How to Recognize Lichen Sclerosus. Treatment options and Strategies <i>Jorge Elias (Argentina)</i>
09:55 – 10:00	Q&A

10:00 – 10:30	Coffee Break
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SESSION 6

10:30 – 12:05	
Chairpersons: Ivan Fistonc, Alexandros Bader, Fernando Aznar	
10:30 – 10:45	Laser Applications in Gynecology <i>Ivan Fistonc (Croatia)</i>
10:45 - 11:00	Efficacy of Transcutaneous temperature-controlled radiofrequency for overactive bladder <i>Smit Solanki (India)</i>
11:00 - 11:15	HIFU and its place among EBD <i>Piotr Kolczewski (Poland)</i>
11:15 - 11:30	5 Years of French experience in magnetic field therapy for pelvic floor rehabilitation. Retrospective Study <i>Hichem Bensmail (France)</i>
11:30 – 11:45	Overview of the role of regenerative Gynaecology in managing cancer treatment-induced vulvovaginal atrophy (VVA) <i>Nabil Elmahdawi (UK)</i>
11:45 – 12:00	The Sub-Urethral Spider Web technique. An outpatient office treatment to cure severe (Grade III) SUI <i>Ariel Luksenburg (Uruguay)</i>
12:00 – 12:05	Q&A

12:05 – 12:45	Lunch Break
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SESSION 7

12:45 – 14:00	
Chairpersons: Stelios Kiosses, Alexandros Bader	
12:45 – 13:00	Aesthetic and regenerative Gynaecology go hand in hand with sexuality: Menopause, sex and gynaecologists <i>Raquel Tulleuda Martinez (Spain)</i>
13:00 - 13:40	Addressing Anxiety and Fear in Aesthetic Gynecology Patients <i>Stelios Kiosses (UK)</i>
13:40 – 13:55	Menopause, sex and gynaecologists <i>Raquel Tulleuda Martinez (Spain)</i>
13:55 – 14:00	Q&A

SESSION 8

14:00 – 15:30	
Chairpersons: Maria Papadopoulou, Prabhu Mishra, Jorge Elias	
14:00 – 14:25	Loss of sexual drive in Menopausal women. Reasons, Investigation and Therapy Plan Protocols <i>Maria Papadopoulou (UK)</i>
14:25 – 14:50	Stem Cells & Regenerative Medicine in Gynecological Disorders <i>Prabhu Mishra (India)</i>
14:50 – 15:25	Bio-Identical Hormones, where we are and where we are going? <i>Jorge Elias (Argentina)</i>
15:25 – 15:30	Q&A

15:30 – 15:45	Coffee Break
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SESSION 9

15:45 – 17:00	
Chairpersons: Jorge Elias, Fernando Aznar, Vactoria Martinez	
15:45 – 16:00	Vaginoplasty. Methods and differences <i>Victoria Martinez (Spain)</i>
16:00 – 16:15	The importance of therapeutic orgasm with medical Vulvo-Vaginal toys <i>Barbara Fernandez (Spain)</i>
16:15 – 16:30	Exosomes in Regenerative Gynecology. A new horizon is born <i>Fernando Aznar (Spain)</i>
16:30 – 16:45	Combined Regenerative Treatment for Lichen Sclerosus <i>Marta Recio (Spain)</i>
16:45 – 17:00	Conservative Management of sagging Labia Majora <i>Jorge De Leon Soto (Guatemala)</i>
17:00 – 17:05	Q&A

End of the Congress	
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