



LONDON
DECEMBER
2023
14th - 16th

7TH WORLD CONGRESS

EUROPEAN SOCIETY of
AESTHETIC GYNECOLOGY

MASTER CLASS_

on

Bioidentical Hormonal Replacement Therapy (BHRT)
&
Platelets Rich Plasma (PRP)
Applications in Regenerative and Functional
Gynecology

SCIENTIFIC_

PROGRAM

It's not only about
Cosmetic Gynaecology;
it's all about modern Women's
Well-Being, Beauty and
Quality of Life



ESAG AFFILIATED SOCIETIES



SIGO
SOCIETÀ ITALIANA
DI GINECOLOGIA E OSTETRICIA



SAARG



SARGE
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AMGER
Academia Online y Presencial de Medicina,
Cirugía y Ginecología Estética Regenerativa



Sociedad Española de
Ginecología Estética
Regenerativa Funcional
SEGERF



SICPRE
Società Italiana di
Chirurgia Plastica
Ricostruttiva ed Estetica



Sociedad Española de
Ginecoestética y
Cirugía Íntima



LATVIJAS
ESTÉTISKĀS
GINEKOLOĢIJAS
ASOCIĀCIJA



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WELCOME NOTE

Dear Friends,

Following ESAG's tradition, I would like to welcome all of you attending ESAG 7th World Congress, taking place in London, UK from December 14th to December 16th, 2023.

Once again, ESAG brings together experts from around the world, to London – one of Europe's most reputed cities, to share inspiring innovation and ideas, to our large community.

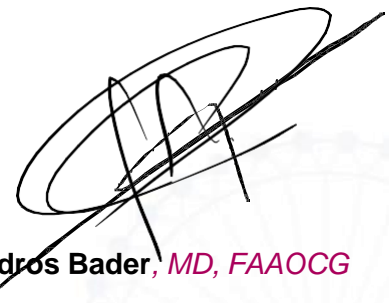
ESAG's Congresses have come to accrue immense prominence in the sector of Reconstructive, Aesthetic & Regenerative Gynecology; an area which has developed greatly in the past years due to the contributions of exquisite professionals coming from various backgrounds and specialties.

ESAG functions as a host in promoting and expanding the knowledge in the field of Women's Health, Beauty and Wellbeing, by inviting Gynecologists, Plastic Surgeons, Dermatologists, GPs, Family doctors, Sexual Medicine Professionals, Anti-Ageing Medical Professionals, Aestheticians, Nurses.

ESAG's Congresses gather prestigious speakers from all over the globe - experts in the field -to share their knowledge and to present the latest in surgical and non-surgical techniques in Reconstructive, Aesthetic & Regenerative Gynecology. Moreover, our society creates a networking environment in which delegates and technology providers may interact productively.

I am looking forward to welcoming you in London.

Sincerely Yours



Alexandros Bader, MD, FAOOG

Founder & President of ESAG

BTL Emsella™

SAY NO TO INCONTINENCE



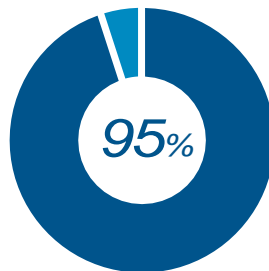
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A Breakthrough
Treatment for
Incontinence

REMAIN FULLY
CLOTHED



95% PATIENT
SATISFACTION*



NON-INVASIVE



* HIFEM Technology Can Improve Quality of Life of Incontinent Patients. Berenholz J., MD, Sims T., MD, Botros G., MD
Individual results may vary.

099-79EMSSILEN100
BTL_Emsella_LF_Stand-Insert_Letter_EN100



FACULTY

Maria Papadopoulou (UK)



Nabil Elmahdawi (UK)



Diana Mihai (Romania)





EMPOWER RF

by INMODE

Empower RF is the most advanced women's intimate wellness solution that addresses a broad range of conditions such as stress, mixed urinary incontinence (SUI), weak pelvic floor muscles, pain during intercourse and blood circulation for full functional optimisation.



STAND 8



MAS TER CLASS

BY THE EXPERTS

SCI ENT IFIC

PROGRAM



DAY ONE DECEMBER 14th, 2023 – THURSDAY

MASTER CLASS DAY

MASTER CLASS BY THE EXPERTS

10:00 - 17:30	
10:00 – 10:15	Registrations & Welcome
10:15 – 11:00	Understanding the Female hormones <i>Dr. Maria Papadopoulou</i>
11:00 – 11:45	Cortisol-DHEA <i>Dr. Maria Papadopoulou</i>
11:45 – 12:30	Where to test and how Treatment protocols <i>Dr. Maria Papadopoulou</i>
12:30 – 13:00	LUNCH BREAK

DAY ONE DECEMBER 14TH, 2023 – THURSDAY MASTER CLASS DAY

13:00 – 13:45	PRP (kit or manual preparation; protocols for SUI, atrophy, anorgasmia Oshot, Gshot, lichen, scars, dyspareunia, postcoital cystitis, recurrent candidosis; infertility, endometrium) <i>Dr. Diana Mihai</i>
13:45 – 15:15	STEM CELLS - what are stem cells, types, clinical trials, protocols to prepare, legislation, indications, VIDEOS- ovarian laparoscopic injection, hysteroscopic subendometrial injection. <i>Dr. Diana Mihai</i>

15:15 – 15:30 COFFEE BREAK

15:30 – 16:30	Neutraceuticals, oxygenotherapy, anti-ageing <i>Dr. Diana Mihai, Dr. Nabil Elmahdawi</i>
16:30 – 17:30	CANCER SURVIVORS: protocols for Vaginal Rejuvenation (laser, RF, PRP, fat, BHRT, etc) how, when and which is more safe and effective? <i>Dr. Nabil Elmahdawi</i>



SPONSOR ACKNOWLEDGMENTS



INMODE

aesthetic solutions





GENERAL INFORMATION

THE VENUES

ESAG 7TH WORLD CONGRESS | CONGRESS VENUE – LONDON, UK - DECEMBER 14TH TO 16TH, 2023

It is our pleasure to announce that ESAG 7th World Congress 2023 will take place during the dates December 14th to 16th, 2023 in London, UK.

Congress Days Overview:

December 14th, 2023: ESAG Surgical Master Class 2023, by the World Experts (*separate registration is required*)

December 14th, 2023: ESAG Master Class on BHRT and PRP application in Regenerative & Functional Gynecology (*separate registration is required*)

December 15th, 2023: 1st Official Congress Day

December 16th, 2023: 2nd Official Congress Day

December 16th, 2023: Gala Party & Awards Night

ESAG SURGICAL MASTER CLASS 2023 – DECEMBER 14TH 2023

We are delighted to announce that ESAG Surgical Master Class 2023 will take place at **InterContinental London – The O2 hotel** which is conveniently located on the stunning Greenwich Peninsula, right next to the majestic River Thames.

The Surgical Master Class will start at 08:30 and end approximately at 17:00.

InterContinental London – The O2 has a long-established reputation for customer service, hospitality and superb conference facilities. Located on the tip of the Greenwich Peninsula in the Royal Borough of Greenwich in London's East, this luxury hotel offers a truly exceptional conference and meeting space that combines sophistication, functionality, and picturesque surroundings. With an expansive 4,500 square meters, its purpose-built conference center is designed to accommodate up to 3,000 guests, making it an ideal venue for conferences, exhibitions, and grand-scale events.

[InterContinental London – The O2](#) is located at One Waterview Drive, Greenwich Peninsula, SE10 0TW

ESAG MASTER CLASS ON BHRT AND PRP APPLICATION IN REGENERATIVE & FUNCTIONAL GYNECOLOGY – DECEMBER 14TH 2023

We are delighted to announce that ESAG Master Class on BHRT and PRP application in Regenerative & Functional Gynecology will take place at **20 Cavendish Square, Room: “Jean McFarlane”** which is conveniently located on the well known Medical district of London 20 Cavendish Square, London W1G 0RN

The Master Class will start at 10:00 and end approximately at 17:00 and will focus on Bioidentical Hormonal Replacement Therapy (BHRT) and Platelets Rich Plasma (PRP) applications in Regenerative and Functional Gynecology.

[Jean McFarlane room](#) is located at 20 Cavendish Square, London W1G 0RN

ESAG 7th WORLD CONGRESS – DECEMBER 15th & 16th, 2023

We are delighted to announce that ESAG 7th World Congress 2023 will take place at **InterContinental London – The O2 hotel** which is conveniently located on the stunning Greenwich Peninsula, right next to the majestic River Thames.

InterContinental London – The O2 has a long-established reputation for customer service, hospitality and superb conference facilities. Located on the tip of the Greenwich Peninsula in the Royal Borough of Greenwich in London's East, this luxury hotel offers a truly exceptional conference and meeting space that combines sophistication, functionality, and picturesque surroundings. With an expansive 4,500 square meters, its purpose-built conference center is designed to accommodate up to 3,000 guests, making it an ideal venue for conferences, exhibitions, and grand-scale events.

[InterContinental London – The O2](#) is located at One Waterview Drive, Greenwich Peninsula, SE10 0TW
T: +44 20 8463 6868

Find how you can get to InterContinental London – The O2
[InterContinental London – The O2 Information](#)

GALA PARTY & AWARDS NIGHT - DECEMBER 16th, 2023

[London Tower Bridge](#) is located at Tower Bridge Rd, London SE1 2UP, United Kingdom

We are delighted to announce the **ESAG 7th World Congress Gala Party & Awards Night will be held on Saturday December 16th, 2023 at the world-famous London Tower Bridge Walkways.** Join us to celebrate and party with drinks, dining with music entertainment and dancing, at one of London's most iconic sights, making ESAG 7th World Congress Gala Party & Awards Night a truly memorable evening. As the sun sets over London and the skylight becomes illuminated with city lights, the Walkways become a truly magical setting offering a unique experience and the thrill of seeing London life through the Glass floor. An event not to be missed!

Find how you can get to London Tower Bridge [London Tower Bridge](#)

SIGHTSEEING RECOMMENDATIONS

WESTMINSTER ABBEY

<http://www.westminster-abbey.org/home>

The Church of St Peter at Westminster, better known as Westminster Abbey, is one of the most important Gothic buildings in the country, has been the coronation church since 1066 and is the final resting place of seventeen monarchs. Benedictine monks first came to this site in the tenth century, establishing a tradition of daily worship which continues today. At its centre is the medieval shrine of an Anglo-Saxon saint.

THE PALACE OF WESTMINSTER

<http://www.parliament.uk/visiting/>

The Palace of Westminster, better known today as the Houses of Parliament, is the oldest royal palace in London, a world heritage site and one of most recognized buildings in the world. Built on the site of a medieval palace, and possibly a Roman Temple dedicated to Apollo, the palace has been in continuous use since the first half of the 11th century.

Today the oldest existing part of the Houses of Parliament is Westminster Hall, dating back to the reign of King William II. Built in 1097, it is the oldest ceremonial hall in Britain and was the largest hall in Europe. Other historic parts include the 1297 Edward I Chapel of St Mary Undercroft and the Jewel Tower, built by Edward III in 1366.

The present Gothic palace, re-built in 1854 by Charles Barry, has over 1100 rooms, 100 staircases, 11 courtyards and a 200m riverside terrace used for entertaining.

The most famous part of the building is the Clock Tower, which houses Big Ben. Victoria Tower, the southern tower, is 102m high and was once the largest and tallest tower in the world. On top is a 15m flagpole which flies the Union flag when parliament is 'sitting'.

BIG BEN

<http://www.parliament.uk/visiting/visiting-and-tours/tours-of-parliament/bigben/>

The Clock Tower at the Palace of Westminster is probably the most famous clock in the world, a place from which time is measured. Big Ben is not the 100m tower, but the 13th 'great' bell in the tower which strikes the hour.

With each face nearly 7m wide, the minute hands over 4.2m long and the hour hands weighing 300kg each, it is the largest four faced chiming clock in the world.

Although the clock was stated on 31st May 1859, Big Ben rang for the 1st time over London a month later on 11th July.

CHURCHILL WAR ROOMS

<http://www.iwm.org.uk/visits/churchill-war-rooms>

The Churchill War Rooms, deep beneath the HM Treasury buildings, was the secret underground command and control centre used by the British government during the Second World War. Abandoned in August 1945, the complex of rooms and corridors house the Cabinet War Rooms, which have been kept as they were left, and the Churchill Museum.

BUCKINGHAM PALACE

<https://www.royal.uk/search?tags%5B0%5D=Buckingham%20Palace>

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THE NATIONAL GALLERY

<http://www.nationalgallery.org.uk/>

The National Gallery in Trafalgar Square was built in 1838 to house the growing national collection of Art and to be a venue comparable with other national art galleries, such as the Louvre in Paris.

Displaying Western European paintings from the 13th to the 19th century the National Gallery was built with the aim of showing them freely to people of all social classes. The pictures, most of which used to belong to private collectors, have been either bought or gifted to the collection.

Originally the building's design was criticized. It was only one room deep and very cramped. King William IV called it "a nasty pokey little hole". Since then, there have been many alterations and additions with large architectural spaces arranged on a Greek-Cross plan.

